



Lehigh Sports Association COVID-19 Guidelines

As our baseball and softball programs return to the field, it is recommended that our organization adheres to guidelines provided by the Centers for Disease Control and Prevention (CDC) and other government entities.

All Lehigh Sports Association, Lehigh Little League, and Steelsharks Baseball ("LSA") families must agree to adhere to the following procedures and sign a waiver before returning to play. As the COVID-19 situation is dynamic and in the interest of safety for all, these guidelines are subject to change, particularly as new information becomes available from the CDC and/or as new directives from the PA or local government are issued.

- 1. All players, coaches, volunteers, and fans ("attendees") should measure his/her body temperature to ensure there is no fever present <u>before</u> participating in <u>each</u> baseball activity. Anyone with symptoms of fever, cough, or worsening respiratory symptoms, or any known exposure to a person with COVID-19, should not attend any LSA activities.
- 2. All players, coaches, volunteers, and managers ("participant") should bring his/her own personal drinks. Sharing of drinks is strictly prohibited and all personal water/drink bottles must be clearly labeled.
- 3. All players, managers, coaches, and volunteers MUST wear a face covering over both the nose and mouth while in the dugout. There will be no exceptions.
- 4. Coaches and managers should be mindful of their spacing in the dugout area during games and wear a mask when in close contact with a player or talking among themselves.
- 5. Hand sanitizer will be available in every dugout on each field and regular use for all participants is encouraged. Each participant is also encouraged to bring his/her own personal hand sanitizer and keep in his/her bag.
- 6. Gum, sunflower seeds, or any other chewing of food is <u>not permitted</u> in the dugout during practices or games. This is for both coaches and players. Spitting is not allowed.
- 7. There is absolutely no sharing of personal baseball equipment including gloves, helmets, bats, catcher's gear, etc. League-issued catcher's gear may be used by multiple participants ONLY after proper sanitization. The gear should be wiped down thoroughly between use. Wipes have been provided to ALL managers.
- 8. Minors managers must wipe down the umpire gear after each use.
- 9. No handshakes or personal contact celebrations should happen during baseball or softball activities. After the game, teams will line up on the baselines and tip their caps to the opposing team.
- 10. Fans should practice physical distancing when attending games. Fans within six feet of other fans that are NOT members of the same household should have a mask covering nose and mouth.
- 11. The concession stand is open. Signage has been placed in key locations to ensure proper social distancing and mask wearing.
- 12. At no time should there be more than four individuals in ANY press box at the same time. No one under the age of 16 is permitted in any press box without an adult. There will be no exceptions. Failure to adhere to this rule may result in the suspension of the associated player or players.
- 13. Should any individual who has participated in a LSA event be subsequently diagnosed with COVID-19, he/she must contact the league president immediately. Any participant who has been exposed to an individual who has tested positive for COVID-19 should contact the league president immediately so that our league protocols can be implemented without delay. Failure to do so may result in the suspension of the associated player or players.